

The West Virginia Institute for Spirituality

Music and Mindfulness

Presented by:

Sister Carole Riley, C.D.P., Ph.D., LPC, AAPC-Fellow



Saturday, November 9, 2019

8:15 a.m. to 3:30 p.m.

This interactive program will present the principles of music as "sound health" and mindfulness practice. Participants will experience music listening, performance and creating while learning techniques for appropriate integration of music and mindfulness into clinical practice.

Goals

At the conclusion of this workshop, participants will be able:

1. To appreciate the power of sound using the theories of Bruscia, Bonny, Kenny and Halpern.
2. To understand and experience the Bonny method of music therapy and mindfulness.
3. To participate in music improvisation, creative therapeutic performance and reflective listening.
4. To acquire skills for appropriate integration of music and mindfulness.

CEUs for:

Social Workers, Registered Nurses, and Licensed Professional Counselors



This program will be held at:
The West Virginia Institute For Spirituality
1601 Virginia Street, East
Charleston, WV 25311



REGISTRATION DEADLINE: November 9, 2019

Offering: \$50.00 (includes lunch, materials, certificate) Cost of each additional certificate \$10.00

Please verify for CEUs MSW ___ RN ___ LPC ___

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Please Mail or Fax To:

The West Virginia Institute for Spirituality

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