

Directing the Eight Day Retreat in Daily Life

A Workshop Leading to a Certificate

Co-Facilitators

Susie Pace and Dr. Bob Harrison

**September 22, 2018
From 10:00 am - 2:00 pm**

Sponsored by

**The West Virginia Institute for Spirituality
1601 Virginia Street East
Charleston, West Virginia 25311
Sr. Carole Riley, CDP, Ph.D., AAPC-Fellow
Executive Director WVIS**

THE WORKSHOP FACILITATORS

Dr. Bob Harrison is the first person to complete the **Spiritual Direction Certification Program** offered through the **Cenacle House**, which is now the **West Virginia Institute for Spirituality**. He became interested in the **Eight Day Retreat in Daily Life** during the formation process to become a spiritual director. He applied the rationale for the **30 Day Retreat in Daily Life** to the **Eight Day Retreat**. From this development of the **Eight Day Retreat in Daily Life** has evolved a non-traditional retreat ministry. This retreat ministry provides the same prayer experiences as the **Eight Day Retreat** to those people who are unable to devote eight days from their busy schedules to complete the **Eight Day Retreat** in a silent, eight-day, retreat experience.

Susie Pace completed her **Spiritual Direction Certification Program** through the **West Virginia Institute for Spirituality** on in 2012. **Dr. Bob** and **Susie** have been co-presenters in the **WVIS Spiritual Direction Certification Program**.

From their co-presentations on **Portfolio Design and Development**, **Susie** and **Bob** have continued to have a collegial, collaborative supportive relationship for each other's ministries at **Sacred Heart Parishes** in **Bluefield**, **Charleston**, and **Princeton**, **West Virginia**. One of their earlier collaborations was a workshop on **Ignatius Loyola's Rules for Eating**, as a **Guide for Wellness**.

Their latest collaboration is offering the **Eight Day Retreat in Daily Life** in their respective parishes. So far, **25** people have completed the **Eight Day Retreat in Daily Life** in individual and group retreat experiences in the **Charleston** and **Princeton** parishes. People who have completed the **Eight Day Retreat in Daily** range in age from **18-93**.

THE WORKSHOP

The workshop is designed to be interactive.

The purpose of the workshop is to provide an initial formation program to build a cadre of other spiritual directors who are interested in offering the Eight Day Retreat in Daily Life as a part of their ministries.

The topics to be covered during the workshop include:

- ❖ Forming a Community of Eight Day Retreat in Daily Life Directors**
- ❖ Offering the Eight Day Retreat in Daily Life.**
- ❖ Evolving the Eight Day Retreat in Daily Life**
- ❖ Becoming a Spiritual Companion for the Eight Day Retreat in Daily Life.**
- ❖ Companionship an Individual during the Eight Day Retreat in Daily Life.**
- ❖ Companionship a Group through the Eight Day Retreat in Daily Life**
- ❖ Listening to the Retreat Experiences of the Retreatants**
- ❖ Learning from and growing in this ministry**
- ❖ Taking the next steps as a retreat director community**

The final outcome of the workshop will be the awarding of a certificate of completion.

ADDITIONAL INFORMATION AND REGISTRATION

The prerequisite for participation in the workshop is certification as a spiritual director and/or current involvement in the spiritual direction ministry.

The tuition for the workshop is \$50.00. This tuition includes the following:

- ❖ **Continental Style food and drink items from 9:30-10:00 a.m. prior to the workshop which begins at 10:00 a.m. and concludes at 2:00 p.m.**
- ❖ **A notebook containing resources for (1) Directing the Eight Day Retreat in Daily Life; (2) Planning the Eight Day Retreat in Daily Life; (3) ample Handouts to Give to Retreat Participants; (4) Sample Materials for Promoting the Eight Day Retreat in Daily Life.**
- ❖ **A buffet style lunch.**
- ❖ **A certificate of workshop completion.**

TO REGISTER

Name _____
Mailing Address _____

Cell Phone Number _____
E-mail Address _____

I certify I meet the Prerequisite for this workshop.

Signed _____ **Date** _____

Mail this information along with a check for \$50.00 made payable to the West Virginia Institute for Spirituality

**Attention: Martha Chandler
West Virginia Institute for Spirituality
1601 Virginia Street East
Charleston, WV 25311**

Overnight lodging and opportunities for an individual silent retreat before or after the workshop are available by contacting

wvismarthalou@aol.com.