

The West Virginia Institute for Spirituality

**The Journey to Authenticity:  
Re-parenting Yourself and Making a Difference**

Presented by:

Sister Carole Riley, C.D.P., Ph.D., LPC, AAPC-Fellow

Saturday, March 10, 2018

8:15 a.m. to 3:30 p.m.



Life's journey to authenticity necessitates making meaning out of the childhood events that could cause broken relationships, perfectionistic self-abuse, regrets, anger and sadness. This program presents principles of mindful re-parenting of childhood 'failure' messages.

*Goals*

At the conclusion of this program, participants will be able:

1. To relate the theories of Van Kaam, Bradshaw and Engel to development of authenticity.
2. To learn strategies to quiet the inner critic, overcome shame and re-parent the self.
3. To identify a plan for meaning making at the stage of development the client or practitioner embraces at the moment

CEUs for:

Social Workers and Licensed Professional Counselors



This program will be held at:  
The West Virginia Institute For Spirituality  
1601 Virginia Street, East  
Charleston, WV 25311



**REGISTRATION DEADLINE: March 2, 2018**

Offering: \$50.00 (includes lunch, materials, certificate) Cost of each additional certificate \$10.00

Please verify for CEUs    LPC \_\_\_    SW \_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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