

The West Virginia Institute for Spirituality

Growing Through Grief

Presented by:

Sister Carole Riley, C.D.P., Ph.D., LPC, AAPC-Fellow

Saturday, March 14, 2020

8:15 a.m. to 3:30 p.m.



Following a lecture highlighting significant tenets of grief work by Jumar, Droege, Kubler-Ross and Seigal, participants will be lead through a series of grief related techniques using mindfulness for prolonged grief, guided grief imagery applicable to different stages of grief. Music therapy strategies will be developed for anticipatory grief and accompanying emotions. Survivor self-care is addressed.

Goals

At the conclusion of this workshop, participants will be able:

1. To identify stages of grief according to Kubler-Ross, Droege, Jumar and Seiger.
2. To use mindfulness practices for prolonged grief and accompanying emotions.
3. To develop a guided grief imagery using musc.
4. To recognize and address personal survivor guilt and self-care needs.

CEUs for:

Social Workers, Registered Nurses, and Licensed Professional Counselors



This program will be held at:
The West Virginia Institute For Spirituality
1601 Virginia Street, East
Charleston, WV 25311



REGISTRATION DEADLINE: March 14, 2020

Offering: \$50.00 (includes lunch, materials, certificate) Cost of each additional certificate \$10.00

Please verify for CEUs MSW ___ RN ___ LPC ___

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Please Mail or Fax To:

The West Virginia Institute for Spirituality
1601 Virginia Street East
Charleston, WV 25311
Tel. (304) 345-0926 Fax: (304) 345-8206
E-Mail: wvisreg@gmail.com
www.wvis.org