



The West Virginia Institute for Spirituality  
1601 Virginia Street East  
Charleston, WV 25311  
wviscr@aol.com 304-345-0926

**CONFIDENTIAL INFORMATION AND RECOMMENDATION FROM  
A COLLEAGUE/CLOSE FRIEND OR PASTOR**

**Applicant for a 30 Day Retreat**

Name of applicant: \_\_\_\_\_

*If you need to use the back of this page or additional pages please do so:*

- 1.) The applicant's emotional stability and ability to express feelings.
- 2.) Applicant's spiritual maturity and ability to relate personally with God; concrete examples of the applicant's dedication to prayer; signs of the value of prayer in the life of the applicant.
- 3.) The applicant's ability to integrate prayer and life experience, ways you have noticed the applicant's prayer affects her/his choices in life?
- 4.) What is the quality of the applicant's ordinary relationships?
- 5.) As a close friend/colleague/pastor of the applicant, who knows his/her strengths and limitations, do you think he/she has the ability to persevere in a lengthy period of solitude and silence? Please explain.
- 6.) Please describe your relationship with the applicant. How long have you know him/her?

Completed by \_\_\_\_\_

Address (Street, City, State, Zip) \_\_\_\_\_

Phone Work \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Thank you.

Sr. Carole Riley, CDP, Ph.D., Executive Director

Please return by email to [wviscr@aol.com](mailto:wviscr@aol.com) or by postal mail to:  
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### **CONFIDENTIAL QUESTIONNAIRE FROM SPIRITUAL DIRECTOR**

\_\_\_\_\_ has applied to make the full Spiritual Exercises of St. Ignatius in a thirty-day retreat. I am confident you have come to know what has led the applicant to take this step. For this reason I am asking your assistance.

It is a major investment on the part of the staff, directors and retreat center to conduct a 30-day retreat just as it is a major investment of time and money for the applicant. Consequently, with due reverence and respect for the matter of confidentiality, I believe it responsible to elicit some brief reflections from you on the stability of the above-named applicant for making the 30-day retreat based on the Spiritual Exercises of St. Ignatius at this time. If you need to use additional pages please attach them to this form.

1. How long have you been meeting with the above-named applicant for spiritual direction? \_\_\_\_\_
2. What is the frequency of your sessions? \_\_\_\_\_
3. The applicant's emotional stability and ability to express feelings
4. Applicant's spiritual maturity and ability to relate personally with God. In particular, regularity of prayer, ability to notice and articulate what happens in prayer (what God seems to be doing). What are the applicants forms of praying and do you believe these will be helpful for his/her entering into the Spiritual Exercises?
5. The applicant's ability to integrate prayer and life experience; concrete ways you know the applicant's prayer affects her/his choices in life?
6. What is the quality of the applicant's ordinary relationships?
7. As a spiritual director of the applicant, who knows his/her strengths and limitations, do you strongly recommend his/her participation in the 30-day Spiritual Exercises of St. Ignatius at this time? Please explain.

Completed by \_\_\_\_\_  
Address (Street, City, State, Zip) \_\_\_\_\_  
Phone Work \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

Thank you.  
Sr. Carole Riley, CDP, Ph.D. Executive Director

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