

Liz Deal is a Spiritual Director Intern with WVIS.

Liz is trained in directing the Ignatian Spiritual Exercises and is in the final stages of completing the Spiritual Direction Training Program at WVIS. She offers individual spiritual direction, workshops in spirituality and contemplative prayer, days of reflection, and individual or group directed retreats. Her practice is based in Huntington, WV, but she is also available to meet in Charleston or via FaceTime and Skype.

In addition to her ministry as a spiritual director, Liz is Assistant Director for CONTACT Rape Crisis Center where she also serves as a victim advocate for people who have experienced sexual assault, sexual abuse, or incest in Cabell, Lincoln, Wayne and Mason counties in West Virginia. She has degrees in Theatre from Syracuse University.

Prior to moving to West Virginia in 2010, Liz spent fourteen years as the Coordinator of Adult Formation and Liturgy for a large Catholic parish in suburban Philadelphia, PA; there she led Bible studies and RCIA, conducted sacramental preparation for adults, and coordinated parish liturgies.

Liz lives in Huntington with her husband.

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