

SPIRITUAL DIRECTION



2015 New Year's Resolution

- ✓ to become closer to God
- ✓ to become a more prayerful person

Spiritual Direction may be for YOU!

Spiritual Direction provides a companion and guide for the journey of spiritual growth. It is the goal of the Spiritual Director to help a person develop a closer relationship with God and to discern the invitations of the Holy Spirit.

How may you receive Individual Spiritual Direction?

1. In person
2. By telephone
3. Skype
4. Facetime
5. Google

QUESTIONS – WISH MORE INFORMATION

You may wish to contact one of the following trained
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