

# **soup and silence**

at

**The West Virginia Institute for Spirituality**

**February 1, 2019**

**Learn more about the Spirituality of Addiction**

West Virginia Institute for Spirituality Associate Spiritual Director Bob Sylvester, MA, will present a one-hour meditation on the relationship between the Christian concepts of purgation, illumination, union and experienced union with God through Twelve-Step recovery.

12 Noon - 1 pm: Enter in silence, gather for silent simple lunch, followed by ten minutes of contemplative prayer.

1 pm – 2pm: Meditation/discussion on Spirituality of Addiction

For more information or to indicate interest please contact:

The West Virginia Institute for Spirituality

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