



Growing in Grace: *Exploring Our Yes to the Call to Serve*

This year's Continuing Professional Development program for anyone who has attended WVIS's Spiritual Direction Training will bring together spiritual directors from around the country.

A group of WVIS alumni have been working together with Sr. Carole Riley for the past 10 months to create a presentation on WVIS's unique blend of the teachings of **Adrian van Kaam and Ignatius Loyola**.

As always, the program is designed to be *informative* to aid you in whatever work you may be doing now, and *formative*, supporting your own spiritual growth.

There will also be time to catch up with former classmates and instructors.

Meet this year's main presenters:



Reverend Diane Shoaf, a Presbyterian minister, has served churches and higher education institutions in South Florida for 27 years. She earned her Master of Divinity degree at Columbia Theological Seminary, and completed the Associate Spiritual Direction training at West Virginia Institute for Spirituality. She is currently engaged in a ministry of Spiritual Direction that includes one on one spiritual direction, supervision of spiritual direction students, leading a process of spiritual discernment with church leadership, and creating retreat and worship opportunities informed and formed by the contemplative tradition.

Cindy Neely BSN, MS, is the Spiritual Director Coordinator of the Spiritual Direction Ministry, St Thomas More Parish, Chapel Hill, North Carolina. She is also an Associate Spiritual Director and faculty member at WVIS. Cindy Neely is a married Catholic laywoman, mother, grandmother and retired nurse and healthcare administrator. She taught as an instructor for the WVU School of Nursing with a specialty in mental health



Eileen Chwalibog: is an Associate Spiritual Director with the West Virginia Institute for Spirituality in Charleston. She offers individual spiritual direction, group spiritual direction in parishes, workshops on addiction, spirituality, and creativity, and retreats (both individual and group) with Liz Deal as part of Flowing Spirit Ministry in Huntington, WV. She is an active member of St. Peter Claver Catholic Church in Huntington.

Elaine Soper, PhD, is recently retired from the West Virginia School of Osteopathic Medicine where she had served as Dir. of Faculty Development and Associate Dean of Assessment and Educational Development. She is a WVIS Associate Spiritual Director-Intern and is currently WVIS' Dir. of Development. Elaine, along with her husband Deacon Tom Soper, also a WVIS Associate Spiritual Director-Intern, facilitate the newly formed WVIS Rural Satellite, reaching out to those in small towns in WV through workshops, retreats, individual and group spiritual direction.



Liz Deal is an Associate Spiritual Director and faculty member at WVIS. She offers individual spiritual direction, workshops in spirituality and contemplative prayer, and individual or group retreats along with Eileen Chwalibog as part of Flowing Spirit Ministry in Huntington, WV. She is also the Assistant Director at CONTACT Rape Crisis Center in Huntington.

When: Friday, October 19 11:45 AM to 8:00 PM

Saturday, October 20 8:30 AM to 3:00

Where: West Virginia Institute for Spirituality
1601 Virginia Street East
Charleston, WV 25311

Program offering: \$100 per person, meals included

Housing: \$46 per night at WVIS, please register soon

Registration: Email wvisreg@gmail.com or phone 304-345-0926 Please remember to include: Your need for housing, arrival and departure date and time, and special accessibility or dietary needs.



For more information about Growing in Grace, contact: Liz Deal, lizideal@gmail.com