



The West Virginia
Institute for Spirituality

Retreat & Training Center

Friday, March 20, 2020

6:00 pm—8:00 pm

Saturday, March 21, 2020

8:00 am—3:00 pm

\$100. Overnight

\$ 70. Commuters

Join us ...

for our Lenten Directed Retreat

Retreats allow us to withdraw from the busyness of life and reflect.

They also help us strengthen and deepen our relationship with God.

Directed retreats offer an experience grounded in silence, prayer and daily meetings with a spiritual director.

The season of Lent invites us to turn to God with all our heart. This retreat will provide opportunities for Meditation, Silence and

Individual Spiritual Direction. **Come join us ... register today.**

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