

## **PRAYING THROUGH LENT:**

Join us for a five-week prayerful journey as we reflect on  
Henri Nouwen's,

### ***Can You Drink the Cup?***



- WHY:** This is an opportunity to reflect on Jesus' question to James and John, the sons of Zebedee, "Can you drink the cup that I am going to drink?"
- WHO:** Catholic Women's Network Bible Study and Playgroup. Mothers bring their infants and preschoolers and the children play while moms read, reflect and discuss what they are reading. Grandmothers are also very welcome.
- WHAT:** Five-week Friday morning program facilitated by parishioner Mary Sykes. Mary is currently a student in spiritual direction training at the West Virginia Institute of Spirituality in Charleston, WV.
- WHERE:** St. Thomas More Parish, St. Anthony Room Friday mornings from 9:30 AM – 11:30 AM
- WHEN:** February 21  
February 28  
March 6  
March 20  
March 27
- COST:** \$20.00 offering. The book will be distributed at our first meeting.  
Contact Mary Sykes at [marysykes45@gmail.com](mailto:marysykes45@gmail.com) or 919-533-6269 if you are interested in attending.