

Dr. Shannon Lenet, D.Min., MS, M.DIV, BA

Dr. Shannon Lenet's educational and professional/ministerial life has been rich in experience. She earned her Doctor of Ministry from St. Mary's Seminary and University, Master of Science in Pastoral Counseling from Loyola College, Master of Divinity from Andover Newton Theological School, and Bachelor of Arts from The College of St. Rose. She has been a middle and high school teacher, hospital and school chaplain, diocesan director of chaplains, adult educator, pastoral associate, adjunct college professor, and spiritual director.

Dr. Lenet has had a life interest in spiritual formation, which led her to spiritual direction after almost 30 years of being a directee herself. She also had the privilege and grace to make a 30-day retreat at Jesuit Eastern Point Retreat House in Gloucester, MA. She credits her family with her interest in and love of retreats. As far back as Dr. Lenet can remember, all members of her immediate family made an annual retreat and days of recollection. She eagerly attended her first day of recollection and first overnight retreat in junior high. She was introduced to WVIS by a friend and has been greatly enriched by its courses, especially by the people she met through them.

Dr. Lenet and her husband live in Upstate New York. She enjoys reading, especially books about European history, the Shoah (Holocaust), and the period surrounding the American Civil War. In addition, she enjoys visiting historical sites connected to the Civil War. She has done in-depth studies on women, especially the roles women have played in the Scriptures and our Church's history. She and her husband enjoy movies and documentaries. They both enjoy ice cream cones. She loves to relax in the kitchen by cooking and baking for hungry folks.



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