



INTENTIONAL LENTEN RETREAT

How we see ourselves informs how we respond to everything.

A heart-provoking exploration of what it means to see ourselves as fundamentally blessed instead of originally flawed through the eyes of the One who created us and knows us intimately. Danielle Shroyer's beautifully captured message invites us to consider that we are more precious to God and intrinsically blessed than we dare to imagine.

Take time to lean into your life's quiet center this Lenten Season and experience a return to your deepest and most authentic self.

Join us for this intentional Lenten time to reflect and listen for the invitation to see yourself as you are – unconditionally loved and originally blessed by the One who knows you.

Sundays @ 2:30 – 3:30 pm
meeting via Zoom
March 6, 13, 20, 27
April 3

REGISTER

Capacity is limited to the first eight people to register. To join or for more information contact Lisa Marie with your name, email, and phone number. Zoom information will be sent upon confirmation of registration.

lisamariemarengo@gmail.com

COST

No cost, except your cost to purchase the book.

CONTEMPLATIVE READING

Each participant individually reads contemplatively and then quietly reflects on what moves the heart or stirs the spirit. More information will be shared in the first session.

FACILITATOR

Lisa Marie Marengo, BA, OP
Spiritual Direction Intern with
the West Virginia Institute for
Spirituality, Charleston, WV

St. Catherine of Siena, Wake
Forest, NC Parishioner