

The West Virginia Institute for Spirituality

Prayer Forms and When to Use Them

(Zoom Video Conference)

Presented by:
Elaine Soper, Ph.D.



Saturday April 30th
9:00 am – 12:00 pm Eastern

Prayer is a way one can reach out and build or continue their relationship with God. There are many types of prayer. In this 3-hour program, we will begin with a brief introduction to prayer followed by a discussion on various prayer forms including Lectio Divina, Centering Prayer, Contemplation, and the Examen. As part of our discussion, there will be a discussion on how and when it is helpful to use each form.

When: Saturday, April 30, 2022 from 9:00 am – 12:00 pm (Eastern)

How: You can register online by visiting the WVIS website at <http://wvis.org/upcoming-programs/> and clicking the link to register on Eventbrite. If you prefer to register by email, please email wvisreg@gmail.com with the subject line: Prayer Forms.

Offering: The Donation for this program is \$30. You can pay by credit card or check. **Please note** - sending your check *does not* guarantee you a place in the group – *you must register online or via email*. If paying by check, please make check payable to WVIS and mail to 1601 Virginia Street East, Charleston, WV 25311.

REGISTRATION DEADLINE: April 28, 2022

This program will be held via Zoom – link will be provided after you register. For more information about the program or with questions, contact Elaine Soper at elainesoper@gmail.com.



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