

Donna K. Becher, M.S.

Donna Becher is a member of Blessed Sacrament Catholic Church in South Charleston. She received her certification in Spiritual Direction from the West Virginia Institute for Spirituality in 2020. She currently provides spiritual direction through West Virginia Institute for Spirituality (WVIS) and has facilitated Soup and Silence lunchtime meditations at WVIS, as well as participated in WVIS workshops and retreats.

In addition to her work at WVIS, Donna is the chairperson of Blessed Sacrament's Creation Care Team. She sings in Blessed Sacrament's choir, is involved with Bible studies, and the peace and justice committee. She is past chair of Catholic Committee of Appalachia and has been on the WV Board of Catholic Campaign for Human Development.

Prior to coming to West Virginia, Donna was an active parishioner in her parish, St. Monica-St. George, Cincinnati, Ohio, where she was a lector and was active on the Scriptures Anew team. In that role she assisted in planning retreats and workshops including a Vatican II Anniversary series, Lectio Divina during Lent, various workshops, and book studies on topics from Thomas Merton's *Sophia* to Hildegard of Bingen.

Before moving to Ohio, Donna was actively involved at, St. Agnes in Ft. Wright, Kentucky. During this time, she served as accompanist and substitute director for the music ministry, was on Parish Council, and, on two separate occasions, facilitated Christ Renews His Parish programs as spiritual director, was a lector and Eucharistic Minister. She recently retired from a career as a speech-language pathologist.

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