

The West Virginia Institute for Spirituality

Waking Up: Using the 12 Steps to Thrive in Life's Challenges

(Conference offered via Zoom)

Presented by:

Sister Carole Riley, CDP, Ph. D, AAPC-Fellow, LPC, ALPS



Saturday, March 11, 2023

8:00 a.m. to 3:30 p.m.

The goal of this program is to use the 12 steps of recovery programs to enhance a personal resource for coping with the challenges in my own life. The participants will be led through lecture and case studies to:

1. Set priorities and manage stress
2. Explore the personal nature of spirituality
3. Identify resources for ongoing learning
4. Have a working understanding of the 12 Steps in replacing rationalization with honesty

REGISTRATION DEADLINE: March 10, 2023

OFFERING: \$50.00 (includes materials, and certificate)

CEU's will be requested and/or are approved for:
Social Workers – SW (5 CEUs), Registered Nurses - RN and
Licensed Professional Counselors – LPC (5.75 CEUs)

Register Online: visit <http://wvis.org/upcoming-programs/>

If sending by mail, please make check payable to WVIS and send

with this form to: The West Virginia Institute for Spirituality, 1601 Virginia Street East Charleston, WV 25311

Name: _____ Email: _____

Address: _____

Phone: _____ CEU's Requested _____

Questions: Tel. (304) 345-0926 OR E-Mail: wvisreg@gmail.com www.wvis.org

